

The Black Hills: Adventure Lives Here



FACTS:

South Dakota is **6TH HAPPIEST STATE** in America (Huffington Post)

South Dakota is the **3RD BEST STATE TO RETIRE** (WalletHub)

South Dakota is the **9TH BEST STATE FOR BUSINESS** (Forbes)

Rapid City and Spearfish nominated as two of **AMERICA'S BEST ADVENTURE TOWNS** (National Geographic)

Spearfish voted **12TH BEST PLACE TO LIVE** for Outdoor Adventure (Outside Online)

NATIONALLY RECOGNIZED SCHOOL DISTRICTS (Rapid)

South Dakota has **MOST HOSPITALS PER CAPITA**

South Dakota has the **2ND MOST REGISTERED NURSES**

South Dakota is **2ND LOWEST UNEMPLOYMENT RATE** (2.9%)



The Black Hills is a picturesque part of the country that is well known for its national monuments, outdoor activities, family friendly adventures and community.

The communities in the Black Hills experience all four seasons, all are breathtaking and filled with fun events and leisurely activities. The summer season is a fantastic opportunity to hike the scenic trails and swim in the beautiful lakes, as well as attend the Sturgis Motorcycle Rally and visit the buffalo that roam Custer State Park.

Autumn is the time of year where many throughout the Black Hills enjoy numerous scenic drives and byways, including Boulder Canyon and the Badlands Loop, as well as attending fall festivals and events with chili cook-offs, pumpkin carving contests and phenomenal productions put on by local theatres.

Winter and spring in the hills has no shortage of outdoor and indoor activities, and offer a multitude of ways to explore the areas surrounding the hills, such as exceptional ski and snowmobile areas and skating rinks.

Why Choose the Black Hills



COMMUNITY & CULTURE:

The sense of community and culture throughout Spearfish, Custer, Rapid City, Hill City and Sturgis is unparalleled. There are numerous community events, activities and celebrations to choose from that will be sure to bring smiles to the whole family.

EDUCATION:

There is a multitude of public, private and parochial schools that educate thousands of students throughout the Black Hills. Post-secondary options in the region include the South Dakota State College of Nursing, University Center-Rapid City (a partnership among the state's six public universities), the University of South Dakota Department of Nursing, National American University, Black Hills State University, Embry-Riddle Aeronautical University, and the venerable, engineering-centric South Dakota School of Mines and Technology.

DINING & ENTERTAINMENT:

Whether you're looking for an upscale night out or a casual dinner with friends, you can find what you're looking throughout the Black Hills. With an outstanding variety of restaurants, supper clubs, cafes, breweries and wineries, there will be no shortage of venues to choose from. The music scene in the west isn't bad either; with the hottest names in country and rock making appearances at the Sturgis Motorcycle Rally every summer and plenty of other musical performances at events in Hill City, Custer, Deadwood and Rapid City.

HISTORY:

The Black Hills is rich with American history to explore. The region is home to over 16 national and state park units, over a million acres of forest with hundreds of historical attractions and monuments in between.

ABOUT REGIONAL HEALTH:

Regional Health is proud to serve the communities that makeup the Black Hills. Our caregivers value the needs of each community and are committed to providing quality care and resources. With more than 40 locations, Regional Health is the largest health care provider in western South Dakota and provides a continuum of care through its hospitals, clinics, nursing homes and assisted living facilities. Regional Health also includes the Regional Cancer Care Institute, Regional Rehabilitation Institute, Regional Behavioral Health Center, Regional Urgent Care, Rapid City Regional Hospital Auxiliary Hospice House and other health care services.

